

KLEIN OAK SWIMMING

TIME STANDARDS AND REQUIREMENTS

REQUIREMENTS FOR JV AND VARSITY:

- JV practice is mandatory even after school till 3:00. If you are involved in another activity and it will cause you to miss swim practice then you need to decide which activity is most important to you.
- Varsity practice is mandatory before school and being in period 1 is also mandatory.

VARSITY TRYOUT STANDARDS:

- **Exempt from trying out are the 2010 Region IV qualifiers.**
- Tryouts for the Boys are on Tuesday August 17th and for the Girls Wednesday August 18th time to be announced.
- To be a **Klein Oak Varsity Swimmer** you must meet the following time standard during tryouts.
- 10 X 100 FREESTYLE ON 1:35 (This is a consecutive swim)
- 2 X 200 IM ON 3:20 & COMPLETED LEGALLY

JUNIOR VARSITY TRYOUT STANDARDS:

- Tryouts for the Boys are on Tuesday August 17th and for the Girls Wednesday August 18th time to be announced.
- 10 X 100 FREESTYLE ON 1:45 (This is a consecutive swim)
- 2 X 200 IM ON 3:45 & COMPLETED LEGALLY