

2008-09 KLEIN OAK BASKETBALL INFORMATION SHEET

(Keep this sheet for future reference-may be subject to change)

The coaching staff is pleased that you have chosen to try out for a spot in the Klein Oak Basketball Program. If you are successful, you must understand that along with the privilege of playing basketball come some responsibilities. Please read over the following pages and then have your parents read them. Make sure you both sign in the appropriate space, detach, and return to the basketball office. If you have any questions, feel free to ask.

- NUMBER OF PLAYERS:** It is important to know the following approximate numbers will make each team.
Varsity.....The 12 best players in the high school from any grade.
J.V......The next best 15 players from the 11th grade and younger.
Sophomore.....15 players from the 10th grade and younger.
Freshmen.....Up to 30-35 players divided into two teams. (Black-best 10-12; Gold-remaining 15-20)
- GRADES:** Our concern for our players begins with their commitment to getting a quality education. Academic progress and class conduct will be checked weekly. Poor marks will result in a conference and/or an extra study hall until the grade improves. Failure in any class for a six weeks grading period will result in a player's being ineligible for all games in the next three week period. A three week evaluation will then be made to determine if they will have regained eligibility for game competition. An ineligible player will continue to practice while regaining eligibility. Ineligible players may be dropped from the program. *Parents are encouraged to work with coaches and teachers to help motivate players to maintain satisfactory grades.*
- CLASS BEHAVIOR:** Inappropriate classroom behavior will not be tolerated. Players may be warned, counseled, punished, suspended or dismissed from the team for continued problems in this area. Respect for all those in authority is critical. Each player must understand that athletes have a responsibility to be good role models for the youth in our community. Each athlete will be held accountable for all of his **choices!** Character Counts! Do right & do your best!
- AFTER SCHOOL PRACTICE:** Formal workouts will begin for all teams on Wed., October 29th! Practice will be approximately 2 hours in length, held every day except Sunday. **Attendance for these practices is mandatory.** Athletes involved in a Fall Sport will tryout and then begin practicing after that season is over.
- ABSENCES FROM PRACTICES AND GAMES:** All players are expected to be present for every practice and game, unless they are personally too ill to attend, have a family emergency, or representing Klein Oak High School in another activity. **You must call Coach Martin (903) 714-3586 before practice begins.** Absences may be subject to make up work. (Extra drills, running, etc.). Unexcused absences can result in suspension or expulsion.
- *HOLIDAYS:** Because the basketball season falls during 2 major holiday periods, players must understand that their attendance during these holiday periods is necessary. The following guidelines will help you plan your holidays with your family.

*THANKSGIVING:	Varsity - play and practice every day, off Thursday only. J.V. & Soph.- play and practice every day, off Thursday only. Freshmen - play and practice every day, off Thursday only.
*CHRISTMAS:	Varsity - off Dec. 23-28 th . We will resume on Mon. Dec. 29 th . J.V. & Soph. - off Dec. 23-28 th . We will resume Mon. Dec. 29 th . Freshmen - off Dec. 23-28 th . We will resume Mon. Dec. 29 th .
- ATTITUDE:** Attitude is everything...we must do everything in our power to display and exhibit a positive mental attitude. The proper Practice Attitude will ensure the development of a true competitive spirit and good work habits. This is a choice we make every day. Alert, Active & Aggressive! We want you to buy into "Panther Pride". There is only one way to play...Hard!
- GROOMING:** Since basketball players will represent Klein Oak High School, they are expected to be conservative and neat in their appearance and in accordance with the following guidelines: Dress - neat, clean clothes appropriate for school. Pull pants up! Hair - clean shaven (no facial hair); neat haircut, approximately the same length all over the head or neatly tapered; no tails, carvings, etc. Keep nails trimmed short. No hats or wave caps outside the locker room. Remember, since Athletics is a privilege: No ear rings at anytime. No jewelry in the gym at anytime, or in practice/games.

9. OPEN GYM: From the first day of school until the beginning of after school practice, you will work out during athletics class only. However, players may improve on their own after school. The gym will normally be open every Tuesday and Friday from 3:00 until 4:30 pm. This is an optional activity.

10. EQUIPMENT: In season: A reversible practice jersey will be provided. (Team Shoes will be provided for Varsity only and the SubVarsity guys will have an opportunity to purchase shoes through our booster club at a discounted price. Team Travel uniforms will also be available through the booster club.) Out of season: Players must wear workout shirts and shorts. Players must suit up every day for practice and athletic period in the proper uniform. All shoes, practice & game, should be white with black or primarily black.

Each player will be issued a game uniform. He will be responsible for all equipment issued to him until the end of the season. If lost or stolen, the player will be required to pay for the replacement of his equipment to Coach Martin. Practice and game uniforms should be washed in cold water. Do not use bleach. Do not wash with any colored items that can fade into your uniform, & use only low heat to dry your equipment. Always use your lock, and keep everything locked up.

11. WEARING EQUIPMENT: Players should **NEVER** wear any school equipment off campus, to class, or after school. This is to be used in official workouts only. Players will wear their uniforms during games only. To minimize wear, please shower and change into your clothes after each game.

12. GAME DRESS CODE: Players are representing Klein Oak High School when we attend games and tournaments. Unless otherwise instructed, the following guidelines should be followed: 1. General appearance must be neat and clean. 2. Shirts must have a collar and be tucked in (Ties?). Game day shirts must be worn. 3. No hats. 4. No walkmans (ipods), except on team bus.

13. RIDING THE BUS: All players are required to ride the team bus. There are very few exceptions. Players may be released to a parent only if there are unusual circumstances. Arrangements must be made **in advance**.

14. INJURIES: Players and parents are asked to communicate with our professional athletic trainers when dealing with injuries and illnesses. The trainers should be consulted if you have questions, and notified before a player is taken to a doctor. The trainers will work with the doctor to ensure that the player is properly treated, rehabilitated, and released from the doctor's care before returning to practice. Our trainers, are willing to work with you.

15. BOOSTER CLUB: **All parents of basketball players are encouraged to join our athletic booster club!!** With minimal dues, they do a tremendous service to our teams. Your support is needed.

16. ABSENCES: If a player is going to be absent from school, the coaches should be contacted prior to practice or game time. If you have difficulty reaching the gym office, please contact Coach Martin (903) 714-3586.

17. TRANSFERS: All transfers and their parents will need to see David Smith, AD, in order to establish varsity eligibility and complete a Previous Athletic Participation Form (PAPF).

18. FORMS DUE: All players are required to have the following forms turned in to the basketball office as soon as possible:

1. Basketball Application Sheet w/ signatures (see page attached)
2. PRIMP form (**P**arent Permission, **R**ules, **I**nsurance, **M**edication, **P**hysical forms) Due ASAP after making team

Fall Tryouts: These PRIMP forms will be handed out to each player when they are notified after Wednesday night.

2008-09 Tryouts: ?.

If, at any time problems develop, feel free to contact the coaches or the trainers with questions or information that would be helpful to us. We are committed to each player's development as a person, as a student, and as a basketball player. Please assist us in this endeavor.

Home phone numbers (please call before 9:00 pm) Other numbers:

Coach Martin.....903-714-3586
Coach Crawford.....281-851-5840
Coach Brumfield.....281-813-2307
Coach Harshaw.....281-797-2895
Coach Vale

Please be reminded that basketball at Klein Oak High School is a commitment not only for the student-athlete, but for his family as well. Sacrifices must be made, but the rewards far outweigh the obligations. GOOD LUCK!!!

2008-09 Klein Oak Panther Basketball Tryout Application

Right now we are accepting applications for admission to our program from players and are especially looking for some quality student assistants. Please read the following information carefully if you are interested:

You must pick up this application information sheet from one of our basketball coaches, at the main office, Coach Martin- Campus Room # 261- 1st thru 4th Periods, 5th thru 7th in Coaches office. Make sure you and your parents read and keep the attached information sheet for future reference.

DEADLINE - FRIDAY OCTOBER 24th Both sides of this form must be completed with all the proper signatures and must be turned in to one of the basketball coaches before Friday October 24, 2008 at 4:00 pm. Also please turn in a copy of your current progress report from this six weeks.

First night of tryouts: **Wednesday, October 29, 2008**, at 6:00 pm at the HS Gym.

You will be evaluated on your work habits toward basketball, your attitude, your fundamental basketball skill level, athletic ability, and your coachability. We will then invite some to come back to the second and final night of tryouts on Thursday, October 30, 2008, at a time and site to be determined. All players in our program will be evaluated during the first two weeks of after school practice.

Some things to consider: **** Being in athletics is a privilege, not a right!** As you apply, remember these three expectations that we have of all our student-athletes here at Klein Oak High School.

- Be a better student - work hard with great conduct.
- Be a better person - Have high expectations of yourself. Neat hair, No earrings at anytime.
- Become a better player - Have a great attitude and work habits, master fundamental skills, develop athletic ability, and be coachable.

If you have any questions, please get in touch with one of the above Basketball coaches today. Best of luck!

TRYOUT PROCEDURES FOR FALL 2008

Dear Parents:

Your son has expressed a desire to apply for admittance into the Basketball program at Klein Oak High School. This letter is to inform you of our procedures and policies that pertain to allowing a student presently enrolled at Klein Oak to be admitted into the Basketball program. (This does not include multi-sport athletes currently involved in the Klein Oak Football or Baseball programs) From our past experience, we feel that it is important for the student and his parents to understand that this application is not a guarantee to the student that he will be admitted into the program. The following are the policies and procedures a student must follow to apply for admittance into the program:

1. His grades will be checked from his first six weeks report card.
2. He must turn in a grade and class conduct check (attached) for the current six weeks to be completed and signed by all of his teachers, along with a copy of his current progress report.
3. The student will be evaluated on his athletic ability, basketball skills and performance on the floor.
4. The student's schedule should allow him to move into Basketball athletics period starting in the Spring Semester.
5. This letter will be completely filled out, signed by a parent and returned to a coach by the deadline.
6. The student must be approved by the coaching staff.

If you give your consent for your son to apply for this program and be tested in the above mentioned physical test (Item #3), please date and sign on the application.

Sincerely,
The Klein Oak High School Coaching Staff

REMEMBER: This paper must be completely filled out and turned in to a basketball coach before the deadline of **Friday October 24, 2008**. It would help us if you would turn in a copy of your first six weeks report card. After all of this is completed, you will be able to tryout on the following date:

Wednesday, October 29, 2008 at 6:00 pm at the HS Gym.

Please get this form completely filled out, signed, and turned in before Friday Oct. 24, 2008. Hope to see you on the 29th!

EVALUATION PLAN FOR TRYOUTS

(Subject to Change)

DATE: Wednesday, Oct. 29, 2008 TIME: 6:00 pm SITE: HIGH SCHOOL GYM

I. Will be organized into four groups by grade.

II. General things the coaches are looking for on the court:

- A. **Good attitude**, locked in and total concentration of effort
- B. **Fundamental skills** - nothing fancy, just proper execution
- C. **General athletic ability and talent** - speed, quickness, jumping ability, body strength, etc.
- D. **Athletics is a privilege and not a right**, and we have three expectations of all our athletes at Klein Oak High School:
 - 1. Be a better student - work hard - good conduct
 - 2. Be a better person - Neat dress, neat hair, No earrings, etc. Look sharp - Be sharp
 - 3. Do right and do your best!

III. Tryout Schedule (subject to changes)

- A. **Form Running** to get loose
- B. **Rim touch** (N=Net, B=Board, S=Support, R=Rim, D=Above)
- C. **Dribbling**(one ball in each line)
 - 1. Control -
 - 2. Hesitation -
 - 3. In & Out Crossover
- D. **Layups** - Look for these points: (1) Dribbling with outside hand. (2) Keeps the ball outside and protected (3) Proper footwork including jumping off of one foot, using the foot opposite of the shooting hand.(Use Board on all layups)
 - 1. **Right hand layup**
 - a) Straight -
 - b) Hesitation at FT line
 - c) Crossover dribble/down the middle using the left hand and jumping off the right foot. Make sure to use the board.
 - d) Reverse Layup-Hesitation outside block, reverse layup-left hand-off right foot-shoulders square to the baseline.
 - 2. **Left hand layup**
 - a) Straight -
 - b) Hesitation at FT line
 - c) Crossover dribble/down the middle using the right hand and jumping off the left foot. Make sure to use the board.
 - d) Reverse Layup-Hesitation outside block, reverse layup-right hand-off left foot-shoulders square to the baseline.

IV. Shooting points:

- A. **Use BEEF on all shots**
 - **B - Balance** - Straight up and down
 - **E - Eyes** - focused on the target
 - **E - Elbow in** - and in a straight line
 - **F - Follow through** - fully extended, wrist snapped, hold for one second
- B. **45 Degree jump shots** - dribble using outside hand only on pull up jump shot.
- C. **Elbow jump shots** - Crossover dribble at the wing and pull up from the elbow. (FT junction)
- D. **Short Corner Jump shot** - pass it to person at elbow and get it back in the short corner.
- E. **Threes**

V. Additional Drills if time permits:

- A. **Defensive Lane Slide Drill** - Slide block to block in a defensive stance -
- B. **1 on 1 at the elbow** - can only take 2 dribbles to get shot off.
- C. **Controlled Scrimmage on the second night** - will include those players called back for the second night of tryouts.

VI.Note: This is a very competitive process. We appreciate you going through the tryout procedure and want to wish you nothing but the best in your effort. Remember, it will take a combination of athletic ability, attitude, work ethic and skill. Please know we appreciate you just doing your best. Good luck!

2008-09 KLEIN OAK BASKETBALL APPLICATION SHEET

(PLEASE PRINT) - (Due on Fri. Oct. 24, 2008)

Name _____
 (Last) (First) (MI) Grade ____ Grad. Year ____ Height ____ Weight ____

Address _____ School I.D. #: _____

City _____ Zip _____ Subdivision _____ Shoe Size _____

Home Phone _____ Age Sept. 1: ____ Birthdate: _____ Short: M L XL XXL

Work Phone _____ Place of Birth _____ Shirt: M L XL XXL
 (City) (State)

Player Cell _____ Player e-mail _____

School attended before Klein Oak _____ Initial Enrollment Date 9th Grade ____ School _____
Parents' Names (month/year)

Father: _____ Home #: _____ Work #: _____

Cell #: _____ e-mail _____

Mother: _____ Home #: _____ Work #: _____

Cell #: _____ e-mail _____

Have you played basketball on a school team before? (Circle) YES NO Position: ____ What school? _____

Coach played for: _____ What grade and team last played on: _____

Parent Signature X _____ Student Signature X _____
 Date _____ Date _____

CURRENT GRADE AND CONDUCT EVALUATION

Dear Teacher: This young man has expressed an interest in joining the Klein Oak Basketball Program. Our coaching staff would like your help in evaluating him. Thank you so much for your cooperation.

Note: When filling out the attitude, work habits, and conduct sections please use the following legend:

E = Excellent **S** = Satisfactory **N** = Needs Improvement **U** = Unsatisfactory

Class Schedule

Period	Subject	Teacher (printed)	Teacher's Signature	Current Grade	Absence/Tardies	Attitude	Work Habits	Conduct	1st 6 wk Grade	Comments
1										
2										
3										
4										
5										
6										
7										
8										

NOTE: Teachers please send additional comments to Coach Joey Martin, via email

Basketball Pyramid of Numbers

(Approximate Numbers for Each Team)

The following guidelines drive the decision-making process to determine the number of players in each of the basketball athletic periods. Numbers in these classes are limited because of the nature of basketball and the player-coach ratio. The talent, skills and abilities of the players in the basketball program will be re-evaluated each fall, and decisions will be made.

Tryouts for those not assigned to the basketball athletic period will be conducted during the first week of after-school practice in October. Football players will tryout immediately following the conclusion of the football season. We strongly encourage multi-sport participation here at Klein Oak.

Varsity

Best 12-15 Players regardless of grade

Junior Varsity

Next best 15 Players 11th grade and younger

Sophomore

12-15 Players 10th grade and younger

Freshmen

**Up to 35 players divided into two teams
(Black-best 10-12, Gold -remaining 15-20)**

ATTENTION ALL BOYS and GIRLS INTERESTED IN BEING PART OF OUR BASKETBALL PROGRAM IN A WAY OTHER THAN A PLAYER

*** * * * ***

STUDENT ASSISTANTS WE NEED YOU!!

IF YOU WOULD LIKE TO BECOME INVOLVED IN OUR BASKETBALL PROGRAM IN ANOTHER WAY, I'D LIKE TO INVITE YOU TO CONSIDER BECOMING ONE OF OUR BOYS BASKETBALL STUDENT ASSISTANTS!

Some of our student assistants' responsibilities are: game and practice preparation, video, statistics, clock keeper, assist in practice, etc. You will be a vital part of our basketball program.

Opportunities for you will include:

- Team Travel
- Opportunity for Game Day Shirts
- Senior letter awards and many others

There are many responsibilities, and you will attend all practices and games (Every day except Sundays). We count on our student assistants to make our program go, but you will have lots of fun!!

You must pick up an application information sheet from one of our basketball coaches, or pick the forms up at the High School gym after school.

See one of the Basketball Coaches today if this sounds like something you would enjoy.

**Join In The Fun,
Be Part Of Something Great!
We Want You To Sign Up Today!!!!**

Klein Oak Panthers Boys Basketball

2008-09 KLEIN OAK BASKETBALL APPLICATION SHEET

(PLEASE PRINT)

Name _____
(Last) (First) (MI) Grade ____ Grad. Year ____ Height ____ Weight ____

Address _____ School I.D. #: _____

City _____ Zip _____ Subdivision _____ Shoe Size _____

Home Phone _____ Age Sept. 1: ____ Birthdate: _____ Short: M L XL XXL

Work Phone _____ Place of Birth _____ Shirt: M L XL XXL
(City) (State)

Player Cell _____ Player e-mail _____

School attended before Klein Oak _____ Initial Enrollment Date 9th Grade _____ School _____
Parents' Names (month/year)

Father: _____ Home #: _____ Work #: _____

Cell #: _____ e-mail _____

Mother: _____ Home #: _____ Work #: _____

Cell #: _____ e-mail _____

Summer Plans

Summer Team _____ Tourneys attending _____

Summer Coach Name _____ Summer Coach Phone: _____

Three Questions that must be answered about you

- 1) How much do you care about our basketball team?
- 2) Are you committed to excellence?
- 3) Can we trust you?

Goals

Team: _____

Personal: _____

Performance Goals	September Max	April Max	June Max	Other Basketball Work
Bench	_____	_____	_____	_____
Vertical	_____	_____	_____	_____
Squat	_____	_____	_____	_____
Free Throw Shooting (100 Attempts)	_____	_____	_____	_____
40 yard sprint	_____	_____	_____	_____

